



**For Immediate Release
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*****MEDIA ADVISORY*****

SunTrust National Marathon and Half Marathon

Information & Race Day Activities

WASHINGTON, D.C. – The 4th Annual SunTrust National Marathon and Half Marathon is scheduled for Saturday, March 21, 2009. A sold out half marathon field of 5,000 and a full marathon field of 3,000 runners will wind through six of the eight wards in Washington, D.C. The race course will be lined with volunteers, local school cheer squads, neighbors, and spectators showing their support, welcoming runners to their neighborhoods and rooting them on to the finish line.

There are a few pertinent items that will be of interest as the event approaches:

LOCATION

The race starts at 7:00 a.m. at RFK Stadium, corner of 19th and East Capitol Streets, S.E. The marathoners and half marathoners will run 13.1 miles together on the northern loop of the race with the half marathoners finishing at RFK Stadium's Lot 3. Full Marathoners will continue their 26.2 mile race on the southern loop of the course running through the scenic neighborhoods of

Waterfront/SW Marina, Anacostia, and Fort Dupont before returning to RFK Stadium's Lot 3 for a spectacular Finish Line Festival!

-more-

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METRORAIL OPENING EARLY

WMATA – Metrorail early opening: **5:00am**

Bus detour information number (202) 637-7000 www.wmata.com

ROAD CLOSURES

The Marathon and Half Marathon will run the same course for the first 13.1 miles. The northern loop of the course will begin street closures at approximately 7:00am and opening up again as early as 9:00am. Full Marathon runners will continue on the southern loop of the course closing streets approximately 8:15am with the remaining streets opening by 12:30pm. During the race, cars may be metered across the course only when safe to execute. Traffic metering will be monitored by Metropolitan Police Department (MPD) officers stationed along the course. A street closure table is attached and available at www.nationalmarathon.com.

SPIRIT ON THE COURSE

Neighbors and spectators are encouraged to line the course to see and feel the energy of the 8,000 runners from across the region and the country! Dupont Circle, Adams Morgan, Howard University, H Street, SW Waterfront and Minnesota Avenue are just a few of the places where the communities will show support along the course route! For more information on neighborhoods along the course go to www.nationalmarathon.com.

SCHEDULE OF EVENTS

Health and Fitness Expo

Friday, March 20, 2009 @ D.C. Armory / 11:00 am – 8:00pm

Open and Free to the Public!

Retail booths, Fitness Information, Rock Climbing Wall, Interactive Fun

Free parking is available in RFK Lots 6, 7 and 8

Official Race Start

Saturday, March 21, 2009

7:00 am @ 19th and East Capitol Streets, S.E.

Free parking is available in RFK Lots 6, 7 and 8

Junior Monumental Milers Program (JuMMP) “Champion Dash”

Saturday March 21, 2009

7:25 am @ Official Race Start Line (19th and East Capitol Streets, S.E.)

Finish Line Festival

Saturday, March 21, 2009

7:00am to 1:00pm - RFK Stadium – Lot 3

Awards Stage, music, vendor booths, sponsor booths, food, youth JuMMP Zone and finish line viewing!

For more information on JuMMP and the schedule of events go to www.nationalmarathon.com

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